## "Improving the application of adhesive systems and light-curing of composite resins" Hands-on course for optimizing your techniques

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In this course you can prove your application technique of your usually used adhesive system or other out of a selection of the most commonly available products by testing the bond strength with a mobile testing device:

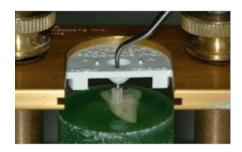














Your questions regarding adhesive techniques can be discussed and answered in order to improve your clinical results even more.

One of the most important handling steps for a long lasting composite resin restoration is an appropriate and effective light-curing.

This also can be exercised at a phantom head which measures the light intensity of your own LCU with your handling for curing composite resin at the bottom of a 4 mm deep occlusal cavity of a molar.

## This also helps you to avoid mistakes during light curing!





## Lectures:

- Bonding mechanisms to tooth substrate
  - Challenging aspects in effective bonding
- Adhesive systems
  - Overview
  - Assessment

Comparison Etch&Rinse-technique systems vs self-etching systems Compatibility adhesive / composite resin

- Application of adhesive systems
  - Recommondations for effective bonding
  - Management of deep dentin cavities
  - Management of cavities for indirect restorations
  - Application of adhesives in special situations Post insertion Repair of restorations
- Light-curing
  - Basics in light-curing composite resins
  - How to avoid typical mistakes during light-curing